

Hello everyone,

A very brief message this week. Attached is the Summary of Reflections from the discussion in December that I promised to send around last week in PDF format. But forgot. Also, if someone would be in a position to **offer Nick a ride** to sangha this coming Sunday, 2/21, that would be greatly appreciated.

Upcoming Dharma Discussions - SUNDAY, 7 - 9 PM:

2/21/2010 - Primary Romantic Relationship as Dharma Door, *facilitated by Judith*

2/28/2010 - Winter Retreat: Joining the Community at Estes Park - The Magic of Interbeing, *facilitated by Lori*

3/7/2010 - The Fourteen Mindfulness Trainings, *facilitated by Judith*

3/14/2010 - Winter Retreat: Joining the Community at Estes Park- Conclusion, *facilitated by Pam*

3/21/2010 - Nonviolent Peaceforce as Living Dharma Door with Mel (*Tentative*)

Nick's Surgery

Sangha member Nick is scheduled for surgery to straighten his back on Friday, February 26. Because he'll need a ventilator for awhile afterwards, he'll phone when he's ready for visitors, and we'll let you know details for visiting at that point.

I hope you're well and smiling,

Joyce